



**MINUTES OF THE
WASHOE COUNTY HUMAN SERVICES AGENCY
SENIOR ADVISORY BOARD MEETING**

May 2, 2018

Washoe County Senior Center, 1155 E. 9th Street, Reno, Nevada 89512
Game Room

1. ***Call To Order** - Meeting was called to order at 3:02 p.m. by Chair-Dr. Larry Weiss.
2. ***Roll Call** – Dr. Larry Weiss asked for the roll call; Sandra Vasquez took the roll. There was a quorum present.

WASHOE COUNTY SENIOR SERVICES ADVISORY BOARD MEMBERS:

PRESENT

Dr. Larry Weiss	Donna Clontz
Wayne Alexander	Barbara Korosa
Stan Dowdy	Rick Sorensen
Garth Elliott (late 3:15pm)	Margaret Reinhardt
Sarah Deardorff	

ABSENT (EXCUSED*)

Marsy Kupfersmith*
Sandra Dexter*

WASHOE COUNTY STAFF PRESENT

Abby Badolato	Leslie Admirand (DA)
Sandra Vasquez	

ADVISOR PRESENT

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ADVISOR (ABSENT)

Connie McMullen
Victoria Edmondson

3. ***Public Comment** –

No public comment.

4. ***Member Announcements** –

Donna stated the Governor's office gives a Points of Light Award to people that volunteer and she was one of the finalists last year. She stated if someone wants to submit an application for the award, the application will be open from May 1-31. Donald Abbott stated the Fall & Prevention Program event will be May 8th from 9am-2pm

5. **Approval of the Agenda for the Advisory Board Meeting on May 2, 2018.**

Larry Weiss stated he would like to move item #12 and #15 after #6. Motion to approve the Agenda with modification of order was made by Stan Dowdy and seconded by Donna Clontz. Motion passed unanimously.

6. Approval of the Minutes for the Advisory Board Meeting on March 7, 2018.

Sarah Deardorff stated the date for item 17 is May 18th, not March 12. Motion to approve the minutes with correction was made by Rick Sorensen and seconded by Margaret Reinhardt. Motion passed unanimously.

12. *Presentation regarding AARP Age Friendly/Livable Communities – Barry Gold, AARP

Barry Gold stated that the program started in 2006 with the partnership of the World Health Organization. It is dedicated to make all communities be age friendly. There are 3 worksheets (see attachments). Age friendly communities are not assisted living facilities or nursing homes, it's a community. The 8 domain worksheet is an ongoing implementation process; things can be added later as the process goes. Barry does not recommend working on all 8 domains at once, it's best to focus on a couple of domains at a time. People select themselves to join age friendly neighborhood communities. There is a 2 page application that is basically fill-in the blank. The application would need to be completed by one of the highest member of municipality, which could be the Mayor of the City of Reno. The current status of the process for this region is the planning phase. AARP is available to help guide the people, answer questions, and try to help the community. There are surveys that AARP has and they can be modified to fit the community and one of the values AARP has is that they can disseminate the survey. Henderson started their process about 2 ½ years ago and is on their way to have a citizen advisory group. For this community there could be a group like the advisory board doing the process or a few people of different groups that could work together on the process. Winnemucca started their process a couple of years ago and are very community oriented; they are working on creating more benches in the community. The good thing is that Reno, Washoe County, and Sparks work well together. There is Community Challenge Grant ranging between \$2,000-\$3,000 and that money goes to what the community wants to do. AARP has a magazine that talks about livable communities; it is not a resources guide because the problem with those is that within 6 months they are no longer up to date. Larry stated he has met with the County Manager, his assistant, and Commissioner Jung. Barry asked what they would like to see in the community and how to implement the local effort. For example, RTC is already working transportation. Donna stated the board could order around 25 AARP magazines and tools to use as a reference for the steering committee for this project.

Judy White from the public asked what was the state that started the process to be age friendly, Barry stated he believed it was Massachusetts.

Emma Garcia from the public asked if AARP is affiliate with ADA, Barry stated they support concepts the ADA does.

Barry introduced Maria Dent, AARP Nevada State Director and Lynda Hascheff, Director of Community Outreach.

15. Report, discussion, and possible recommendations regarding age friendly communities sponsored by AARP throughout the county and cities (For Possible Action)

Donna stated that when the process was started, she found out Reno was already working on being a livable community. Reno was working on getting a star rating and one of the components was being age friendly. Donna stated citizens are talking to Reno and the county to make it work and answer the needs to have things happen for the community. Lynn Barker presented on the STAR rating to the Reno group and they are trying to increase their stars from 3 stars. Lynn Barker informed Donna there is a challenge grant from AARP and that the City of

Reno board will support the application. They are thinking of a community garden at Paradise Park with raised beds for seniors and people with disabilities. The max funding was looked into; it would help with healthy foods, socialization.

Rick Sorensen asked when the due date is to apply for the grant. Donna stated it is May 16 and it is all online. The applicant for this would need to be a government agency or a non-profit. Garth stated that Sun Valley has raised beds in a plot and are looking for a group to take over. Sarah stated there is a slow foods movement and this may be something the community needs. Larry and Donna expressed their thanks to AARP for their presentation and information. Donna handed out the TMRPA survey that was given out to senior during Older American Month opening day (see attached). The survey is also online and will be posted in the county website and AARP website. Donna expressed thanks to Barbara Deavers, Leslie Henderson, and Larry for helping with the surveys.

7. *Update on Senior Services Division

Abby stated 2 new vehicles were awarded through a grant and they are for the Meals on Wheels Program, they are hoping to get them by July 1st. They are also looking into the NAMS kitchen as a potential place to make meals.

8. *Update for Senior Nutrition Program

Abby referred to the Nutrition Program report (see attached).

9. *Update for senior center in Incline Village

Abby stated there was a soft opening mid-March. The schedule for the center is Monday, Wednesday, and Friday from 1pm-4pm. They are looking for volunteers to have a full time opening capacity. The open house is May 18 from 12-1:30pm, the county and other organizations will be there to provide information on what services are available in Incline. Sarah asked if there have been talks with IVGID (Incline Village General Improvement District), Abby replied yes and that they are still working on it. For promoting the center, there is a general flyer that is still being finalized. Sarah would like the information when the flyer is complete and also stated volunteers and churches like to be involved.

10. *Update on budget and grant progress for Washoe County Human Services Agency

Abby stated the budget is tentative for doubling homemaker services. They are also working on increasing the nursing contract with Trudy from HOPES to be able to reach more people. The Kids to Senior Corner will be doing immunization clinic on June 13th at Incline Village. Larry requested to have a report similar to the one from the Nutrition Program for the Homemaker Program.

11. Discussion and possible recommendations to staff on Senior Services Master Plan (For Possible Action)

Abby stated the program coordinator is currently working on this project. Larry stated it's going to be the second year without an updated Master Plan and that it would be encouraging to see one come through.

13. *Update on sparks Senior Citizen Advisory Committee – Donald Abbott

Donald stated they are talking and working on the bylaws draft. The Sparks Citizen Advisory Committee will mirror to the senior advisory board.

14. Report, discussion, and possible recommendations regarding recruiting new board members for District 2 (For Possible Action)

There are no recommendations or applications to review. Kitty Jung stated she will send a note to Commissioner Lucey to find applicants for District 2.

16. *Report and discussion for Older American Month 2018

Larry complimented the staff at the Reno senior center. The tables and organization of the event was great. Wayne stated the events were great and Rick stated there was good energy. Donna requested members that attend events to count how many people attend the different events throughout the month. Donald asked about the bingo board on the back of the booklet and Donna stated anyone can sign the board for event participants.

17. Report, discussion and possible direction to staff on Stuff-A-Bus for Seniors 2018 (For Possible Action)

Donna stated the flyer for the event is on the back of the booklet and there are no longer any barrels throughout the community. Donna asked for all hands on deck and also stated Larry and Chris Ciarlo are doing a great job for this event. For the members that are going to volunteer, they have to be there at 3:30pm. Anyone that makes a donation will get tickets for an Aces game. May 13th will be the day set aside to do the inventory of donated items and items will be on hand throughout the year for seniors. It was asked if there would be an option to donate with a credit card, Abby stated she will look into it.

18. Report, discussion, possible recommendations and updates on the Advisory Board member's Shared Issues and Goals for Housing, Advocacy, Communication & Information, Data Planning, Transportation, Nutrition Programs, Social & Recreation, Senior Law, Volunteering, Financing, and Social & Health Services (For Possible Action)

Sarah stated Truckee Speaks has a survey of 5 questions in regards to quality of life, it is also known as Flash Vote. Commissioner Kitty Jung stated the county has a contract with Flash Vote. Wayne stated he read on the newspaper that the City of Reno is building senior homes on Sage Street. Donna stated the Community Foundation of Western Nevada is working on transitional housing and proposed that the City of Reno have a land trust and obtains a developer for the project. The building would have 200 individual dorm rooms with amenities. It will be for people (young and seniors) that can only afford to pay \$390 for rent. Some may be coming from the Eddy House. The expectation and desire is to get the building done by winter. Barbara stated the 20th Century Club will be presenting to Amber Howell a donation for Stuff-A-Bus. Sarah stated that in Incline Village on July 4th they have a fair; booths can be obtained by paying a fee. Commissioner Kitty Jung stated Washoe County should not be charged a fee for a booth. Abby stated they are looking into the Farmer's Market coupons. Donna stated she is working on livable communities and also attended a housing meeting. Garth asked if he were to get grant money, is there a way to earmark it for on Sun Valley seniors. Commissioner Jung stated to Garth that that question would go to Sun Valley GID.

19. Discussion and possible recommendation for promoting automatic deduction donations from Washoe County employees to Senior Services (For Possible Action)

Commissioner Jung suggested contacting Chris Ciarlo to get a reference as to how donations work for United Way.

20. Discussion and possible approval for moving Board meetings to Building A in chambers (For Possible Action)

Motion to keep Board meetings in the Washoe County Reno Senior Center was made by Barbara Korosa and seconded by Wayne Alexander. Motion passed with one nay by Garth Elliott.

21. Agenda items for the next Board meeting (For Possible Action)

Recap for Older American Month

Recap for Stuff-A-Bus

Update, Report, discussion, and possible recommendations regarding age friendly communities sponsored by AARP throughout the county and cities

Board members for District 2

Item from this agenda from #7 forward

22. *Public comment –

No public comment.

23. Adjournment (For Possible Action)

Motion to adjourn was made by Garth Elliott and seconded by Barbara Korosa. Motion was unanimous. Meeting adjourned at 4:32 pm.